

# **Trauma-Informed Interviewing Training Video Series**

## **Discussion Questions**

### Video 1: Setting up for Safety

- What are some trauma-informed things you can do before an interview to prepare?
- Who are some key people to reach out to when wanting to learn more about the child and their history?
- What are one or two things you can do to create a safe interview environment?

### Video 2: Introducing the Interview

- What suggestions on introducing the interview resonate with you? What are some things you do already? What are some things you want to try?
- How is this definition of “rapport” different than how you thought of it in the past? What is the importance of rapport building to you?

### Video 3: Developing a Trauma-Informed Interview Style?

- What are some reasons to use a trauma-informed interview style with children or youth?
- Of the components discussed in the video, which resonated the most with you? Are there any you use or think you will use?
- Are there any components that feel they would be challenging for you? What makes them challenging?

### Video 4: Responding to Trauma

- Do you have experience working with a child or youth whose trauma became activated? If so, what did you observe in their behavior and how did you respond? If not, can you think about how you think you might feel and respond in that situation?
- Do you have any concerns or worries about supporting a child or youth who makes a new disclosure during the interview? If so, what are they and how might you address them?
- What are two or three concrete steps you can take to support a child or youth experiencing a trauma response during an interview?

### Video 2: Wrapping up the Interview

- What are some strategies you will use to wrap up on an interview with a child or youth?
- How do you identify, process, and reflect on emotions after a stressful situation?
- What are ways you can practice self-care after an interview to shore up your own psychological safety?